



St. Vincent de Paul is urgently seeking donations of food and personal care items as it sees a 45% increase in number of households served.

With food costs increasing and SNAP benefits being cut back, donations are needed now more than ever to keep shelves stocked at its network of food pantries.

## **MOST NEEDED ITEMS:**

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- Cereal/Oatmeal
- Canned Protein
- Ready-to-Eat Entrees
- Chunky Soups
- Canned Fruit
- Seasonings
- Cooking Oil
- Deodorant
- Toothpaste
- Pads/Tampons
- Body Wash
- Shaving Cream